

| <b>CORSI FITNESS</b>         |                              |                              |                              |                              |
|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>LUNEDÌ</b>                | <b>MARTEDÌ</b>               | <b>MERCOLEDÌ</b>             | <b>GIOVEDÌ</b>               | <b>VENERDÌ</b>               |
| 10:30 - 11:20<br>A/Gym       | 10:30 - 11:20<br>A/Bike      | 10:30 - 11:20<br>A/Gym       | 10:30 - 11:20<br>A/Bike      | 10:30 - 11:20<br>A/Gym       |
| 11:30 - 12:20<br>A/Bike      | 11:30 - 12:20<br>A/Intensity | 11:30 - 12:20<br>A/Bike      | 11:30 - 12:20<br>A/Intensity | 11:30 - 12:20<br>A/Bike      |
| 13:30 - 14:20<br>A/Intensity | 13:30 - 14:20<br>A/Bike      | 13:30 - 14:20<br>A/Intensity | 13:30 - 14:20<br>A/Bike      | 13:30 - 14:20<br>A/Gym       |
| 14:30 - 15:20<br>A/Bike      | 14:30 - 15:20<br>A/Power     | 14:30 - 15:20<br>A/Bike      | 14:30 - 15:20<br>A/Power     | 14:30 - 15:20<br>A/Bike      |
| 17:30 - 18:20<br>A/Power     | 17:30 - 18:20<br>A/Bike      | 17:30 - 18:20<br>A/Power     | 17:30 - 18:20<br>A/Bike      | 17:30 - 18:20<br>A/Intensity |
| 18:30 - 19:20<br>A/Bike      | 18:30 - 19:20<br>A/Gym       | 18:30 - 19:20<br>A/Bike      | 18:30 - 19:20<br>A/Gym       | 18:20 - 19:20<br>A/Bike      |

*L'orario può subire variazioni a seconda delle esigenze.*

# ORARIO NUOTO LIBERO

## NUOTO LIBERO

| LUNEDÌ        | MARTEDÌ       | MERCOLEDÌ     | GIOVEDÌ       | VENERDÌ       |
|---------------|---------------|---------------|---------------|---------------|
| 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 |
| 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 |
| 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 |
| 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 |
| 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 |
| 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 |
| 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 | 09:00 - 21:00 |